HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
1	**5000m**	**1**	1252	Dartmouth	Brian	Waring	M	23:03.0	22:39.9	1	17:17.3
	M	**2**	1295	Kings	Phil	Brown	M	29:46.0	28:48.3	2	22:19.5
		3	1233	Cobequid	Matthew	Hunter	M	32:00.0	31:38.3	3	24:00.0
		4	1317	Pictou	Adam	Smith	M	51:00.0	42:40.3	4	38:15.0
		5									
		6									
		7									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
2	**1500m**	**1**	1312	PEI	Jeremy	Wall	M	07:38.0			05:43.5
	M	**2**	1334	Shelburne	Ashley	Rennehan	M	07:46.6	07:06.8	2	05:49.9
		3	1319	Pictou	Cody	Turner	M	07:59.0	06:47.6	1	05:59.3
		4	1233	Cobequid	Matthew	Hunter	M	08:55.9	08:28.6	4	06:42.0
		5	1253	Dartmouth	Christopher	Costelo	M	09:03.0	08:14.4	3	06:47.2
		6	1317	Pictou	Adam	Smith	M	12:00.0	11:29.1	5	09:00.0
		7									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
3	**1500m**	**1**	1256	Dartmouth	Jordi	Taylor	M	05:56.8	05:34.6	1	04:27.6
	M	**2**	1234	Cobequid	Anthony	James	M	06:05.2	06:00.3	2	04:33.9
		3	1252	Dartmouth	Brian	Waring	M	06:40.3	06:11.8	3	05:00.2
		4									
		5									
		6									
		7									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
4	**100m**	**1**									00:00.0
	F	**2**	1207	Cape Breton	Noelle	Felix	F	00:31.9	00:33.0	6	00:23.9
		3	1260	E. Highlands	Hannah	Deon	F	00:31.9	00:32.8	5	00:23.9
		4	1242	Dartmouth	Amy	Hyson	F	00:31.9	00:27.0	1	00:23.9
		5	1248	Dartmouth	Rhonda-Lee	Turner	F	00:31.9	00:28.0	2	00:23.9
		6	1263	E. Highlands	Cait	Adams	F	00:31.9	00:29.5	3	00:23.9
		7	1247	Dartmouth	Nicole	Arnold	F	00:31.9	00:32.5	4	00:23.9
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
5	**100m**	**1**	1267	E. Highlands	Anna	Bailey	F	00:31.5	00:27.0	4	00:23.6
	F	**2**	1265	E. Highlands	Lilly	Carty	F	00:30.1	00:25.9	2	00:22.6
		3	1228	Cobequid	Leah	Babineau	F	00:29.3	00:28.9	6	00:21.9
		4	386	Annapolis	Izzy	Bowes	F	00:28.3	00:24.5	1	00:21.2
		5	1309	L. Queens	Rebecca	Maule	F	00:28.5	00:26.4	3	00:21.3
		6	1208	Cape Breton	Jenna	Gouthro	F	00:29.8	00:27.3	5	00:22.4
		7	1222	Clare	Natalie	Barron	F	00:31.0			00:23.3
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
6	**100m**	**1**	374	Amherst	Savanna	Snowdon	F	00:28.0	00:24.3	3	00:21.0
	F	**2**	1240	Cobequid	Skylar	Rushton	F	00:27.5	00:26.2	5	00:20.7
		3	1231	Cobequid	Makayla	Hadley	F	00:26.5	00:21.2	1	00:19.9
		4	371	Amherst	Allison	Borden	F	00:26.1	00:27.5	6	00:19.6
		5	1307	L. Queens	Jillian	Young	F	00:26.1	00:25.0	4	00:19.6
		6	1262	E. Highlands	Nicole	Roberts	F	00:27.5	00:27.6	7	00:20.6
		7	1315	Pictou	Lucy	Rogers	F	00:27.8	00:21.5	2	00:20.8
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
7	**100m**	**1**	1316	Pictou	Shey	MacDonald	F	00:26.0	00:21.0	1	00:19.5
	F	**2**	1261	E. Highlands	Lisa	Leuschner	F	00:25.8	00:22.6	3	00:19.4
		3	1321	Sack/Bed.	Bailee	Mason	F	00:25.2	00:25.0	6	00:18.9
		4	1264	E. Highlands	Roslyn	Samson	F	00:25.1	00:23.0	5	00:18.8
		5	1266	E. Highlands	Courtney	MacLean	F	00:25.4	00:22.8	4	00:19.1
		6	1333	Shelburne	Nikita	Penney	F	00:25.8	00:22.0	2	00:19.4
		7									
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
8	**100m**	**1**	1310	L. Queens	Jennifer	MacIntosh	F	00:24.4	00:24.1	7	00:18.3
	F	**2**	1322	Sack/Bed.	Skylynn	Johnson	F	00:23.5	00:22.0	5	00:17.6
		3	1209	Cape Breton	Anneka	Callary	F	00:21.2	00:18.0	1	00:15.9
		4	372	Amherst	Emily	Mazur	F	00:20.9	00:19.0	3	00:15.7
		5	373	Amherst	Lauren	Davis	F	00:21.1	00:21.5	4	00:15.8
		6	1243	Dartmouth	Brooklyn	Willis	F	00:21.9	00:18.3	2	00:16.4
		7	1290	Halifax	Jennifer	Graves-Smith	F	00:24.3	00:22.5	6	00:18.2
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
9	**100m**	**1**	384	Annapolis	Taylor	Little	F	00:20.5	00:20.0	7	00:15.4
	F	**2**	1206	Cape Breton	Abbey	Stapleton	F	00:19.2	00:18.2	4	00:14.4
		3	1306	L. Queens	Rebecca	Delaney	F	00:19.1	00:17.5	2	00:14.3
		4	385	Annapolis	Kayla	Caines	F	00:19.0	00:19.2	6	00:14.2
		5	1320	Pictou	Sasha	Repko	F	00:19.0	00:16.6	1	00:14.3
		6	1324	Sack/Bed.	Sam	Waite	F	00:19.2	00:18.0	3	00:14.4
		7	1308	L. Queens	Chloe	Stoddart	F	00:19.2	00:18.5	5	00:14.4
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
10	**100m**	**1**									00:00.0
	F	**2**	1259	E. Highlands	Kristina	Richard	F	00:18.0	00:16.0	3	00:13.5
		3	1323	Sack/Bed.	Hailey	Smith	F	00:17.0	0:00	3	00:12.7
		4	1288	Halifax	Joy	MacLachlan	F	00:15.0	00:14.2	1	00:11.3
		5	1287	Halifax	Bella	MacKenzie	F	00:15.4	00:15.0	2	00:11.6
		6	1284	Halifax	Megan	Lusby	F	00:17.6	00:17.3	4	00:13.2
		7									00:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
11	**100m**	**1**									
	M	**2**	1336	Shelburne	Jeremy	Swim	M	00:34.2	00:26.4	1	00:25.7
		3	1304	L. Queens	Cody	Mailman	M	00:34.2	00:28.6	3	00:25.7
		4	1276	E. Highlands	Daniel	Haley	M	00:34.2	00:28.0	2	00:25.7
		5	1275	E. Highlands	Matthew	Anderson	M	00:34.2	00:29.2	4	00:25.7
		6	1305	L. Queens	Dale	Nickerson	M	00:34.2	00:39.0	5	00:25.7
		7									00:00.0
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
12	**100m**	**1**	1205	Annapolis	Nicholas	Johnston	M	00:33.0			00:24.8
	M	**2**	1283	Halifax	Steven	Lewis	M	00:32.1	00:32.0	6	00:24.0
		3	1297	Kings	Hugo	Butler	M	00:31.0	00:27.0	5	00:23.2
		4	1335	Shelburne	Dale	Stewart	M	00:25.9	00:22.6	2	00:19.4
		5	1254	Dartmouth	Damon	Toews	M	00:28.0	00:22.3	1	00:21.0
		6	1279	E. Highlands	Angus	MacGillivary	M	00:31.8	00:24.9	3	00:23.8
		7	1255	Dartmouth	Jason	Waring	M	00:32.4	00:26.0	4	00:24.3
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
13	**100m**	**1**	1280	E. Highlands	Jamie	Murphy	M	00:25.3	00:21.4	5	00:19.0
	M	**2**	1331	Shelburne	Martin	Fudge	M	00:24.7	00:22.7	7	00:17.3
		3	1278	E. Highlands	Jamie	Ross	M	00:23.1	00:19.4	3	00:16.7
		4	1214	Cape Breton	Nico	Georghiou	M	00:22.2	00:19.0	2	00:16.7
		5	1281	E. Highlands	Ethan	Connors	M	00:22.2	00:18.0	1	00:16.7
		6	1258	Dartmouth	Scott	Gardiner	M	00:24.4	00:22.0	6	00:18.8
		7	1274	E. Highlands	Christopher	Machielsen	M	00:25.1	00:21.0	4	00:18.8
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
14	**100m**	**1**	1257	Dartmouth	Mark	Decker	M	00:21.8	00:18.5	5	00:16.3
	M	**2**	1212	Cape Breton	Kevin	MacCormick	M	00:20.9	00:18.8	6	00:15.7
		3	383	Amherst	Jesse	Williams	M	00:20.1	00:19.3	7	00:15.1
		4	1201	Annapolis	Tim	Prosser	M	00:19.5	00:16.9	1	00:14.6
		5	1211	Cape Breton	John	Burke	M	00:19.8	00:18.0	4	00:14.8
		6	1277	E. Highlands	Josh	Kingston	M	00:20.3	00:17.5	3	00:15.2
		7	1318	Pictou	Stephen	MacKenzie	M	00:21.5	00:17.2	2	00:16.1
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
15	**100m**	**1**									00:00.0
	M	**2**	378	Amherst	Jonathan	Dauphinee	M	00:19.3	00:14.5	1	00:14.5
		3	1303	L. Queens	Michael	Morreau	M	00:19.0	00:19.2	6	00:14.3
		4	1230	Cobequid	Brendon	Clayton	M	00:18.8	00:17.2	4	00:14.1
		5	1329	Shelburne	Rory	Arcon	M	00:18.9	00:18.7	5	00:14.2
		6	1314	PEI	Keegan	Waite	M	00:19.0	00:15.0	2	00:14.3
		7	1338	Shelburne	Andy	Zwicker	M	00:19.4	00:16.6	3	00:14.6
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
16	**100m**	**1**	379	Amherst	Brad	Coady	M	00:18.7	00:15.9	3	00:14.0
	M	**2**	1210	Cape Breton	Owen	Long	M	00:18.5	00:21.2	8	00:13.9
		3	1271	E. Highlands	Curtis	Richard	M	00:18.2	00:15.4	1	00:13.6
		4	1220	Clare	Ryan	Wright	M	00:18.2	00:17.1	6	00:13.6
		5	1251	Dartmouth	BJ	Gibson-Conrod	M	00:18.2	00:15.7	2	00:13.6
		6	1273	E. Highlands	Lauchlin	Delorey	M	00:18.2	00:16.4	4	00:13.6
		7	1325	Sack/Bed.	Jared	Rose	M	00:18.7	00:17.0	5	00:14.0
		8	382	Amherst	Jarrett	Greene	M	00:18.7	00:17.5	7	00:14.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
17	**100m**	**1**	1272	E. Highlands	Jonathan	Ringer	M	00:18.1	00:15.4	1	00:13.6
	M	**2**	1296	Kings	Devin	MacLeod	M	00:18.0	00:16.1	3	00:13.5
		3	1200	Annapolis	Robin	Bowes	M	00:17.9	00:17.0	6	00:13.4
		4	1301	L. Queens	Ben	Theriau	M	00:17.2	00:15.6	2	00:12.9
		5	1286	Halifax	Ian	Wright	M	00:17.8	00:16.8	5	00:13.4
		6	388	Annapolis	Isaac	Almon	M	00:18.0	00:17.1	7	00:13.5
		7	1313	PEI	Isaac	Wilson	M	00:18.0	00:16.4	4	00:13.5
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
18	**100m**	**1**	1270	E. Highlands	John	Gavin	M	00:17.1	00:14.1	1	00:12.8
	M	**2**	1237	Cobequid	James	Meredith	M	00:16.9	00:15.9	6	00:12.6
		3	1202	Annapolis	Jacob	Kroetch	M	00:16.6	00:15.7	5	00:12.5
		4	1250	Dartmouth	Andrew	MacNaughon	M	00:16.5	00:16.4	7	00:12.4
		5	1326	Sack/Bed.	Justin	Noyes	M	00:16.5	00:15.1	3	00:12.4
		6	377	Amherst	Terry	Black	M	00:16.8	00:15.6	4	00:12.6
		7	1269	E. Highlands	R.J.	Pitts	M	00:17.0	00:15.0	2	00:12.8
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
19	**100m**	**1**									00:00.0
	M	**2**	1302	L. Queens	Christopher	Potter	M	00:16.1	00:14.7	3	00:12.1
		3	1328	Sack/Bed.	Nathan	States	M	00:15.8	00:16.3	5	00:11.9
		4	1327	Sack/Bed.	Zachary	LeBlanc	M	00:15.6	00:15.6	4	00:11.7
		5	1299	L. Queens	Colby	Oickle	M	00:15.7	00:14.0	2	00:11.7
		6	1268	E. Highlands	Christian	Gerro	M	00:16.0	00:13.4	1	00:12.0
		7	1300	L. Queens	Joey	McGinnes	M	00:16.4	00:16.5	6	00:12.3
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
20	**100m**	**1**	381	Amherst	Jacob	Fisher	M	00:15.4	00:14.7	6	00:00.0
	M	**2**	380	Amherst	Brandon	Ott	M	00:15.2	00:13.4	1	#VALUE!
		3	1218	Clare	Jason	Stark	M	00:14.9	00:14.3	4	00:11.6
		4	1213	Cape Breton	Ronnie	Patterson	M	00:14.6	00:14.0	3	#VALUE!
		5	1298	L. Queens	Nick	Skoreyko	M	00:14.6	00:13.5	2	00:00.0
		6	1217	Clare	Wesley	Prime	M	00:15.0	00:14.6	5	00:11.0
		7	1289	Halifax	Aven	Stanford	M	00:15.2			00:11.0
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
21	**100m**	**1**	1203	Annapolis	Kendall	Mitchell	M	00:14.5	00:14.1	6	00:10.9
	M	**2**	1282	Halifax	Jack	Thornhill	M	00:14.4	00:13.0	2	00:10.8
		3	1241	Cobequid	Declan	Urquhart	M	00:13.9	00:13.6	4	00:10.5
		4	1232	Cobequid	Jason	Hicks	M	00:12.6	00:12.6	1	00:09.4
		5	1219	Clare	Micheal	Giguere	M	00:13.2	00:13.4	3	00:09.9
		6	1234	Cobequid	Anthony	James	M	00:14.1	00:13.7	5	00:10.5
		7	1238	Cobequid	Brandon	Nelson	M	00:14.5	00:14.4	7	00:10.8
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
22	**50m**	**1**									00:00.0
	F	**2**	1245	Dartmouth	Melissa	Reinhardt	F	00:19.2	00:17.6	3	00:14.4
		3	387	Annapolis	Robin	Harris	F	00:19.2	00:23.2	5	00:14.4
		4	1221	Clare	Elise	Thibodeau	F	00:19.2	00:16.7	1	00:14.4
		5	1249	Dartmouth	Vesna	Crnogorac	F	00:19.2	00:17.2	2	00:14.4
		6	1332	Shelburne	Tobi	Krafve	F	00:19.2	00:18.6	4	00:14.4
		7									00:00.0
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
23	**50m**	**1**	1239	Cobequid	Stephanie	O'LANEY	F	00:16.6	00:15.7	6	00:12.4
	F	**2**	369	Amherst	Tylor	Tennant	F	00:15.3	00:13.5	2	00:11.5
		3	1293	Kings	Kelsea	Heudes	F	00:14.4	00:12.6	3	00:10.8
		4	370	Amherst	Rebecca	Sprague	F	00:13.5	00:17.8	7	00:10.1
		5	1236	Cobequid	Asia	Matwawana	F	00:14.1	00:12.5	1	00:10.6
		6	1294	Kings	Natasha	Ball	F	00:15.1	00:14.4	4	00:11.3
		7	1292	Kings	Angelina	Martin	F	00:16.4	00:15.3	5	00:12.3
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
24	**50m**	**1**									
	F	**2**									00:00.0
		3	1224	Clare	Mariah	Comeau	F	00:11.8	00:10.6	2	00:08.8
		4	1223	Clare	Mandy	Crouse	F	00:10.0	00:10.2	1	00:07.5
		5	1291	Kings	Tracey	Schofield	F	00:11.6	00:11.1	3	00:08.7
		6									00:00.0
		7									00:00.0
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
25	**50m**	**1**									
	M	**2**	1225	Clare	Keith	Powers	M	00:11.2	00:17.5	5	00:08.4
		3	375	Amherst	Adrian	Henderson	M	00:11.2	00:11.3	3	00:08.4
		4	1229	Cobequid	Danny	BLACK	M	00:11.2	00:10.0	1	00:08.4
		5	1204	Annapolis	Shawn	Wagner	M	00:11.2	00:10.2	2	00:08.4
		6	376	Amherst	Matthew	Porter	M	00:11.2	00:13.3	4	00:08.4
		7									00:00.0
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
26	**25m WC**	**1**									
	F	**2**									
		3									
		4	1215	Clare	Nicolette	Deveau	F	N/A	00:22.0	1	
		5	1216	Clare	Sara	Muise	F	N/A	00:26.8	2	
		6									
		7									
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
26A	**25m WC**	**1**									
	M	**2**									
		3									
		4	1227	Clare	Jeff	Lombard	M	N/A	00:36.1	2	
		5	1311	L. Queens	Jordan	Brenko	M	N/A	00:09.8	1	
		6									
		7									
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
27	**200m**	**1**	1207	Cape Breton	Noelle	Felix	F	01:19.2	01:15.6	6	00:59.4
	F	**2**	1267	E. Highlands	Anna	Bailey	F	01:19.2	01:03.2	2	00:59.4
		3	1265	E. Highlands	Lilly	Carty	F	01:19.2	01:05.5	3	00:59.4
		4	1309	L. Queens	Rebecca	Maule	F	01:19.2	01:05.6	4	00:59.4
		5	1260	E. Highlands	Hannah	Deon	F	01:19.2	01:06.6	5	00:59.4
		6	1307	L. Queens	Jillian	Young	F	01:19.2	00:59.2	1	00:59.4
		7	1247	Dartmouth	Nicole	Arnold	F	01:19.2	01:31.9	7	00:59.4
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
28	**200m**	**1**	1208	Cape Breton	Jenna	Gouthro	F	01:16.4	01:21.2	5	00:57.3
	F	**2**	1263	E. Highlands	Cait	Adams	F	01:15.1	01:19.5	4	00:56.3
		3	374	Amherst	Savanna	Snowdon	F	01:11.5	00:58.2	2	00:53.6
		4	1261	E. Highlands	Lisa	Leuschner	F	01:07.0	00:51.4	1	00:50.3
		5	1242	Dartmouth	Amy	Hyson	F	01:13.9	01:06.3	3	00:55.4
		6									
		7									
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
29	**200m**	**1**									00:00.0
	F	**2**	1262	E. Highlands	Nicole	Roberts	F	01:05.3	00:58.7	3	00:49.0
		3	1321	Sack/Bed.	Bailee	Mason	F	01:03.9	01:02.9	4	00:47.9
		4	1222	Clare	Natalie	Barron	F	01:01.4	01:13.3	5	00:46.1
		5	1266	E. Highlands	Courtney	MacLean	F	01:03.2	00:54.7	2	00:47.4
		6	1333	Shelburne	Nikita	Penney	F	01:05.0	00:52.2	1	00:48.8
		7									00:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
30	**200m**	**1**									00:00.0
	F	**2**	1264	E. Highlands	Roslyn	Samson	F	00:59.3	00:55.0	5	00:44.5
		3	1316	Pictou	Shey	MacDonald	F	00:52.9	00:46.5	1	00:39.7
		4	1315	Pictou	Lucy	Rogers	F	00:52.0	00:51.6	3	00:39.0
		5	1290	Halifax	Jennifer	Graves-Smith	F	00:52.8	00:53.9	4	00:39.6
		6	1310	L. Queens	Jennifer	MacIntosh	F	00:56.3	00:55.7	6	00:42.2
		7	1231	Cobequid	Makayla	Hadley	F	01:00.6	00:47.0	2	00:45.4
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
31	**200m**	**1**									00:00.0
	F	**2**	1209	Cape Breton	Anneka	Callary	F	00:49.9	00:40.9	1	00:37.4
		3	1243	Dartmouth	Brooklyn	Willis	F	00:48.3	01:00.0	6	00:36.2
		4	1308	L. Queens	Chloe	Stoddart	F	00:48.0	00:42.0	2	00:36.0
		5	372	Amherst	Emily	Mazur	F	00:48.2	00:43.8	3	00:36.1
		6	373	Amherst	Lauren	Davis	F	00:48.4	00:47.0	4	00:36.3
		7	1322	Sack/Bed.	Skylynn	Johnson	F	00:51.8	00:58.1	5	00:38.8
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
32	**200m**	**1**									00:00.0
	F	**2**	1306	L. Queens	Rebecca	Delaney	F	00:45.5	00:37.9	3	00:34.1
		3	1320	Pictou	Sasha	Repko	F	00:43.5	00:36.9	2	00:32.6
		4	1259	E. Highlands	Kristina	Richard	F	00:42.1	00:34.7	1	00:31.6
		5	1206	Cape Breton	Abbey	Stapleton	F	00:42.4	00:41.6	5	00:31.8
		6	1324	Sack/Bed.	Sam	Waite	F	00:44.7	00:41.5	4	00:33.5
		7	1246	Dartmouth	Michele	Brushett	F	00:46.9	00:43.9	7	00:35.2
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
33	**200m**	**1**									00:00.0
	F	**2**									00:00.0
		3	1323	Sack/Bed.	Hailey	Smith	F	00:36.8	00:36.4	3	00:27.6
		4	1288	Halifax	Joy	MacLachlan	F	00:32.0	00:31.3	1	00:24.0
		5	1287	Halifax	Bella	MacKenzie	F	00:33.4	00:34.9	2	00:25.0
		6	1284	Halifax	Megan	Lusby	F	00:39.8	00:39.9	4	00:29.9
		7									00:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
34	**200m**	**1**									
	M	**2**	1305	L. Queens	Dale	Nickerson	M	01:09.6	01:39.5	6	00:52.2
		3	1279	E. Highlands	Angus	MacGillivary	M	01:09.6	00:57.2	2	00:52.2
		4	1276	E. Highlands	Daniel	Haley	M	01:09.6	00:59.1	3	00:52.2
		5	1275	E. Highlands	Matthew	Anderson	M	01:09.6	01:04.2	4	00:52.2
		6	1336	Shelburne	Jeremy	Swim	M	01:09.6	00:54.5	1	00:52.2
		7	1304	L. Queens	Cody	Mailman	M	01:09.6	01:08.3	5	00:52.2
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
35	**200m**	**1**									00:00.0
	M	**2**	1255	Dartmouth	Jason	Waring	M	01:07.0	00:57.3	3	00:50.2
		3	1280	E. Highlands	Jamie	Murphy	M	01:04.2	00:50.8	2	00:48.1
		4	1274	E. Highlands	Christopher	Machielsen	M	00:58.2	00:46.6	1	00:43.7
		5	1254	Dartmouth	Damon	Toews	M	01:00.9	01:01.0	4	00:45.7
		6	1297	Kings	Hugo	Butler	M	01:06.0	01:06.1	6	00:49.5
		7	1283	Halifax	Steven	Lewis	M	01:07.1	01:04.2	5	00:50.3
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
36	**200m**	**1**									00:00.0
	M	**2**	1278	E. Highlands	Jamie	Ross	M	00:54.9	00:51.3	4	00:41.2
		3	1281	E. Highlands	Ethan	Connors	M	00:52.9	00:40.2	1	00:39.7
		4	1214	Cape Breton	Nico	Georghiou	M	00:50.5	00:42.6	2	00:37.9
		5	383	Amherst	Jesse	Williams	M	00:51.5	00:48.6	3	00:38.6
		6	1338	Shelburne	Andy	Zwicker	M	00:53.8	00:37.8	MPR	00:40.4
		7	1329	Shelburne	Rory	Arcon	M	00:55.9	00:40.7	MPR	00:41.9
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
37	**200m**	**1**									00:00.0
	M	**2**	1318	Pictou	Stephen	MacKenzie	M	00:46.6	00:39.5	3	00:35.0
		3	1257	Dartmouth	Mark	Decker	M	00:44.3	00:43.3	5	00:33.2
		4	1251	Dartmouth	BJ	Gibson-Conrod	M	00:43.3	00:36.1	1	00:32.5
		5	1210	Cape Breton	Owen	Long	M	00:44.1	00:38.4	2	00:33.1
		6	1314	PEI	Keegan	Waite	M	00:46.0	00:32.7	MPR	00:34.5
		7	1277	E. Highlands	Josh	Kingston	M	00:50.2	00:41.7	4	00:37.7
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
38	**200m**	**1**									00:00.0
	M	**2**	1273	E. Highlands	Lauchlin	Delorey	M	00:43.1	00:35.6	3	00:32.3
		3	1211	Cape Breton	John	Burke	M	00:40.6	00:41.8	6	00:30.5
		4	1271	E. Highlands	Curtis	Richard	M	00:40.4	00:33.7	1	00:30.3
		5	1200	Annapolis	Robin	Bowes	M	00:40.4	00:36.3	4	00:30.3
		6	379	Amherst	Brad	Coady	M	00:42.0	00:34.9	2	00:31.5
		7	1212	Cape Breton	Kevin	MacCormick	M	00:43.2	00:39.1	5	00:32.4
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
39	**200m**	**1**									00:00.0
	M	**2**	1272	E. Highlands	Jonathan	Ringer	M	00:40.2	00:33.7	3	00:30.2
		3	1313	PEI	Isaac	Wilson	M	00:39.0	00:33.5	2	00:29.3
		4	1270	E. Highlands	John	Gavin	M	00:38.2	00:30.5	1	00:28.7
		5	1303	L. Queens	Michael	Morreau	M	00:39.0	00:40.4	5	00:29.3
		6	1202	Annapolis	Jacob	Kroetch	M	00:39.2			00:29.4
		7	1325	Sack/Bed.	Jared	Rose	M	00:40.3	00:36.6	4	00:30.2
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
40	**200m**	**1**									00:00.0
	M	**2**	1230	Cobequid	Brendon	Clayton	M	00:37.4	00:36.5	5	00:28.0
		3	1326	Sack/Bed.	Justin	Noyes	M	00:37.1	00:41.6	6	00:27.8
		4	1269	E. Highlands	R.J.	Pitts	M	00:36.2	00:31.4	1	00:27.1
		5	1289	Halifax	Aven	Stanford	M	00:36.7	00:34.2	2	00:27.5
		6	1300	L. Queens	Joey	McGinnes	M	00:37.1	00:34.8	4	00:27.8
		7	1250	Dartmouth	Andrew	MacNaughon	M	00:37.4	00:34.3	3	00:28.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
41	**200m**	**1**	1328	Sack/Bed.	Nathan	States	M	00:34.8	00:33.9	6	00:26.1
	M	**2**	1302	L. Queens	Christopher	Potter	M	00:35.0	00:31.5	3	00:26.3
		3	378	Amherst	Jonathan	Dauphinee	M	00:35.1	00:30.5	2	00:26.3
		4	1268	E. Highlands	Christian	Gerro	M	00:35.1	00:28.3	1	00:26.3
		5	381	Amherst	Jacob	Fisher	M	00:35.4	00:32.1	4	00:26.5
		6	1296	Kings	Devin	MacLeod	M	00:36.0	00:33.8	5	00:27.0
		7									00:00.0
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
42	**200m**	**1**									00:00.0
	M	**2**	1327	Sack/Bed.	Zachary	LeBlanc	M	00:34.4	00:36.4	5	00:25.8
		3	1299	L. Queens	Colby	Oickle	M	00:33.6	00:30.9	2	00:25.2
		4	1241	Cobequid	Declan	Urquhart	M	00:32.8	00:31.0	3	00:24.6
		5	1217	Clare	Wesley	Prime	M	00:33.5	00:31.1	4	00:25.1
		6	380	Amherst	Brandon	Ott	M	00:33.7	00:29.7	1	00:25.3
		7									00:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
43	**200m**	**1**									00:00.0
	M	**2**									00:00.0
		3	1298	L. Queens	Nick	Skoreyko	M	00:32.2	00:29.2	1	00:24.2
		4	1203	Annapolis	Kendall	Mitchell	M	00:31.0	00:30.5	3	00:23.3
		5	1234	Cobequid	Anthony	James	M	00:31.6	00:29.8	2	00:23.7
		6	1218	Clare	Jason	Stark	M	00:32.8	00:31.8	4	00:24.6
		7									00:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
44	**200m**	**1**									00:00.0
	M	**2**									00:00.0
		3	1213	Cape Breton	Ronnie	Patterson	M	00:30.0	00:30.9	4	00:22.5
		4	1232	Cobequid	Jason	Hicks	M	00:27.1	00:27.8	1	00:20.4
		5	1282	Halifax	Jack	Thornhill	M	00:30.0	00:29.1	2	00:22.5
		6	1219	Clare	Micheal	Giguere	M	00:30.5	00:29.4	3	00:22.9
		7									00:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
45	**30m WC**	**1**									
	Slalom	**2**									
	F	**3**									
		4	1215	Clare	Nicolette	Deveau	F	N/A	00:42.1	1	
		5	1216	Clare	Sara	Muise	F	N/A	00:54.0	2	
		6									
		7									
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
46	**30m WC**	**1**									
	Slalom	**2**									
	M	**3**									
		4	1227	Clare	Jeff	Lombard	M	N/A	00:53.7	1	
		5	1311	L. Queens	Jordan	Brenko	M	N/A			
		6									
		7									
		8									

A421:M431	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
47	**800m**	**1**									
	M	**2**									
		3	1312	PEI	Jeremy	Wall	M	03:05.3	03:24.1	3	02:19.0
		4	1232	Cobequid	Jason	Hicks	M	02:29.0	02:28.7	1	01:51.7
		5	1256	Dartmouth	Jordi	Taylor	M	02:54.8	02:59.6	2	02:11.1
		6									
		7									
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
48	**800m**	**1**	1246	Dartmouth	Michele	Brushett	F	04:10.0	03:48.7	1	03:07.5
	M	**2**									
		3	1253	Dartmouth	Christopher	Costelo	M	04:45.6	04:46.9	5	03:34.2
		4	1301	L. Queens	Ben	Theriau	M	04:02.0	03:47.4	4	03:01.5
		5	1295	Kings	Phil	Brown	M	03:25.0	03:04.9	1	02:33.8
		6	1326	Sack/Bed.	Justin	Noyes	M	03:43.9	03:35.5	3	02:47.9
		7	1319	Pictou	Cody	Turner	M	04:23.0	03:22.8	2	03:17.3
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
49	**3000m**	**1**									00:00.0
	M	**2**									00:00.0
		3	1334	Shelburne	Ashley	Rennehan	M	16:20.6	16:20.4	3	12:15.5
		4	1256	Dartmouth	Jordi	Taylor	M	12:05.0	12:21.7	1	09:03.7
		5	1252	Dartmouth	Brian	Waring	M	13:03.0	13:13.7	2	09:47.3
		6									00:00.0
		7									00:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
50	**3000m**	**1**									00:00.0
	M	**2**									00:00.0
		3	1317	Pictou	Adam	Smith	M	25:09.0	24:19.9	3	18:51.8
		4	1253	Dartmouth	Christopher	Costelo	M	17:41.3	16:31.6	1	13:16.0
		5	1233	Cobequid	Matthew	Hunter	M	17:55.5	20:06.0	2	13:26.6
		6									00:00.0
		7									00:00.0
		8									00:00.0

0	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
51	**400m**	**1**									00:00.0
	F	**2**	1207	Cape Breton	Noelle	Felix	F	03:10.0	03:26.1	2	02:22.5
		3	1208	Cape Breton	Jenna	Gouthro	F	03:10.0	03:38.7	3	02:22.5
		4	1321	Sack/Bed.	Bailee	Mason	F	03:10.0			02:22.5
		5	1309	L. Queens	Rebecca	Maule	F	03:10.0	03:12.7	1	02:22.5
		6	1307	L. Queens	Jillian	Young	F	03:10.0	04:27.0	4	02:22.5
		7									00:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
52	**400m**	**1**									00:00.0
	F	**2**	1322	Sack/Bed.	Skylynn	Johnson	F	02:37.1	02:47.5	6	01:57.8
		3	1262	E. Highlands	Nicole	Roberts	F	02:30.2	02:22.7	3	01:52.6
		4	1209	Cape Breton	Anneka	Callary	F	02:09.0	01:49.5	1	01:36.8
		5	1324	Sack/Bed.	Sam	Waite	F	02:16.8	02:07.5	2	01:42.6
		6	1264	E. Highlands	Roslyn	Samson	F	02:36.6	02:29.8	5	01:57.5
		7	1261	E. Highlands	Lisa	Leuschner	F	02:40.0	02:28.6	4	02:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
53	**400m**	**1**									00:00.0
	F	**2**	1306	L. Queens	Rebecca	Delaney	F	01:56.6	01:49.4	5	01:27.4
		3	1259	E. Highlands	Kristina	Richard	F	01:45.2	01:39.3	2	01:18.9
		4	1323	Sack/Bed.	Hailey	Smith	F	01:39.5	01:42.3	3	01:14.6
		5	1206	Cape Breton	Abbey	Stapleton	F	01:45.1	01:45.9	4	01:18.8
		6	1320	Pictou	Sasha	Repko	F	01:49.0	01:33.4	1	01:21.8
		7	1308	L. Queens	Chloe	Stoddart	F	02:06.5	02:01.3	6	01:34.8
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
54	**400m**	**1**									00:00.0
	F	**2**									00:00.0
		3	1246	Dartmouth	Michele	Brushett	F	01:34.2	01:36.8	3	01:10.7
		4	1288	Halifax	Joy	MacLachlan	F	01:23.4	01:22.9	1	01:02.6
		5	1287	Halifax	Bella	MacKenzie	F	01:24.2	01:25.9	2	01:03.1
		6									00:00.0
		8									

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
55	**400m**	**1**									00:00.0
	M	**2**	1338	Shelburne	Andy	Zwicker	M	02:18.6	01:39.5	MPR	01:43.9
		3	1275	E. Highlands	Matthew	Anderson	M	02:18.6	02:20.5	3	01:43.9
		4	1211	Cape Breton	John	Burke	M	02:18.6	02:03.6	2	01:43.9
		5	1214	Cape Breton	Nico	Georghiou	M	02:18.6	01:51.9	1	01:43.9
		6	1283	Halifax	Steven	Lewis	M	02:18.6	02:28.7	4	01:43.9
		7	1304	L. Queens	Cody	Mailman	M	02:18.6	03:48.2	5	01:43.9
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
56	**400m**	**4**	1300	L. Queens	Joey	McGinnes	M	01:49.6	01:33.1	1	01:22.2
	M	**5**	1303	L. Queens	Michael	Morreau	M	01:52.3	01:39.5	3	01:24.2
		3	1314	PEI	Keegan	Waite	M	01:55.0			01:26.2
		6	1318	Pictou	Stephen	MacKenzie	M	02:02.0	01:35.9	2	01:31.5
		2	1278	E. Highlands	Jamie	Ross	M	02:10.0	02:08.7	5	01:37.5
		7	1210	Cape Breton	Owen	Long	M	02:10.4	01:47.2	41:19.9	00:00.0
		1									00:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
57	**400m**	**1**									00:00.0
	M	**2**	1319	Pictou	Cody	Turner	M	01:44.0	01:19.9	1	01:18.0
		3	1273	E. Highlands	Lauchlin	Delorey	M	01:42.1	01:34.7	5	01:16.6
		4	1313	PEI	Isaac	Wilson	M	01:40.0	01:20.4	2	01:15.0
		5	1272	E. Highlands	Jonathan	Ringer	M	01:41.0	01:21.8	4	01:15.8
		6	1212	Cape Breton	Kevin	MacCormick	M	01:42.4	01:39.2	6	01:16.8
		7	1230	Cobequid	Brendon	Clayton	M	01:45.6	01:21.4	3	01:19.2
		8									00:00.0

A519:L570I	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
58	**400m**	**1**									00:00.0
	M	**2**	1301	L. Queens	Ben	Theriau	M	01:37.4	01:41.3	6	01:13.0
		3	1270	E. Highlands	John	Gavin	M	01:29.0	01:16.7	1	01:06.7
		4	1325	Sack/Bed.	Jared	Rose	M	01:26.4	01:22.9	4	01:04.8
		5	1289	Halifax	Aven	Stanford	M	01:26.8	01:30.7	5	01:05.1
		6	1271	E. Highlands	Curtis	Richard	M	01:33.0	01:21.3	3	01:09.8
		7	1302	L. Queens	Christopher	Potter	M	01:38.0	01:17.8	2	01:13.5
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
59	**400m**	**4**	1299	L. Queens	Colby	Oickle	M	01:20.8	01:25.4	6	01:00.6
	M	**5**	1269	E. Highlands	R.J.	Pitts	M	01:23.4	01:13.4	1	01:02.6
		3	1213	Cape Breton	Ronnie	Patterson	M	01:23.4	01:17.4	4	01:02.6
		6	1327	Sack/Bed.	Zachary	LeBlanc	M	01:24.8	01:16.9	3	01:03.6
		2	1328	Sack/Bed.	Nathan	States	M	01:25.2	01:23.0	5	01:03.9
		7	1295	Kings	Phil	Brown	M	01:26.0	01:16.2	2	01:04.5
		1									00:00.0
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
60	**400m**	**1**									00:00.0
	M	**2**	1312	PEI	Jeremy	Wall	M	01:19.0	01:24.7	5	00:59.2
		3	1268	E. Highlands	Christian	Gerro	M	01:15.4	01:05.5	2	00:56.6
		4	1232	Cobequid	Jason	Hicks	M	01:08.0	01.01.9	1	00:51.0
		5	1282	Halifax	Jack	Thornhill	M	01:12.5	01:09.8	4	00:54.4
		6	1298	L. Queens	Nick	Skoreyko	M	01:17.3	01:09.7	3	00:58.0
		7									
		8									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
61	**4x100m**	**1**	1206	Cape Breton	Abbey	Stapleton	F	01:49.0			01:21.8
	F	**1**	1207	Cape Breton	Noelle	Felix	F	01:49.0	01:41.6	2	01:21.8
		1	1208	Cape Breton	Jenna	Gouthro	F	01:49.0			01:21.8
		1	1209	Cape Breton	Anneka	Callary	F	01:49.0			01:21.8
		2	1259	E. Highlands	Kristina	Richard	F	01:50.0	**01:31.4**	**1**	01:22.5
		2	1261	E. Highlands	Lisa	Leuschner	F	01:50.0			01:22.5
		2	1264	E. Highlands	Roslyn	Samson	F	01:50.0			01:22.5
		2	1266	E. Highlands	Courtney	MacLean	F	01:50.0			01:22.5
		3	1260	E. Highlands	Hannah	Deon	F	02:04.0			01:33.0
		3	1262	E. Highlands	Nicole	Roberts	F	02:04.0	**02:13.4**	**5**	01:33.0
		3	1263	E. Highlands	Cait	Adams	F	02:04.0			01:33.0
		3	1267	E. Highlands	Anna	Bailey	F	02:04.0			01:33.0
		4	1231	Cobequid	Makayla	Hadley	F	02:10.0	**01:59.3**	**3**	01:37.5
		4	1228	Cobequid	Leah	Babineau	F	02:10.0			01:37.5
		4	1239	Cobequid	Stephanie	O'Laney	F	02:10.0			01:37.5
		4	1240	Cobequid	Skylar	Rushton	F	02:10.0			01:37.5
		5	1291	Kings	Tracey	Schofield	F	02:24.0			01:48.0
		5	1292	Kings	Angelina	Martin	F	02:24.0			01:48.0
		5	1293	Kings	Kelsea	Heudes	F	02:24.0			01:48.0
		5	1294	Kings	Natasha	Ball	F	02:24.0	**02:01.7**	**4**	01:48.0
		6	1242	Dartmouth	Amy	Hyson	F	02:53.2	**02:34.9**	**6**	02:09.9
		6	1248	Dartmouth	Rhonda-Lee	Turner	F	02:53.2			02:09.9
		6	1247	Dartmouth	Nicole	Arnold	F	02:53.2			02:09.9
		6	1249	Dartmouth	Vesna	Crnogorac	F	02:53.2			02:09.9

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
62	**4x100m**	**1**	1284	Halifax	Megan	Lusby	F	01:18.4			00:58.8
	F	**1**	1287	Halifax	Bella	MacKenzie	F	01:18.4			00:58.8
		1	1288	Halifax	Joy	MacLachlan	F	01:18.4	01:17.5	1	00:58.8
		1	1290	Halifax	Jennifer	Graves-Smith	F	01:18.4			00:58.8
		2	1306	L. Queens	Rebecca	Delaney	F	01:20.0	01:34.2	2	01:00.0
		2	1307	L. Queens	Jillian	Young	F	01:20.0			01:00.0
		2	1308	L. Queens	Chloe	Stoddart	F	01:20.0			01:00.0
		2	1309	L. Queens	Rebecca	Maule	F	01:20.0			01:00.0
		3	1321	Sack/Bed.	Bailee	Mason	F	01:37.5			01:13.1
		3	1322	Sack/Bed.	Skylynn	Johnson	F	01:37.5			01:13.1
		3	1323	Sack/Bed.	Hailey	Smith	F	01:37.5			01:13.1
		3	1324	Sack/Bed.	Sam	Waite	F	01:37.5	01:40.4	3	01:13.1
		4									00:00.0
		4									00:00.0
		4									00:00.0
		4									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
63	**4x100m**	**1**	1271	E. Highlands	Curtis	Richard	M	01:40.0			01:15.0
	M	**1**	1272	E. Highlands	Jonathan	Ringer	M	01:40.0	01:18.3	2	01:15.0
		1	1274	E. Highlands	Christopher	Machielsen	M	01:40.0			01:15.0
		1	1278	E. Highlands	Jamie	Ross	M	01:40.0			01:15.0
		2	1331	Shelburne	Martin	Fudge	M	01:40.0			01:15.0
		2	1333	Shelburne	Nikita	Penney	F	01:40.0			01:15.0
		2	1329	Shelburne	Rory	Arcon	M	01:40.0			01:15.0
		2	1334	Shelburne	Ashley	Rennehan	M	01:40.0	01:18.1	1	01:15.0
		3	1300	L. Queens	Joey	McGinnes	M	01:50.0			01:22.5
		3	1303	L. Queens	Michael	Morreau	M	01:50.0	01:34.4	DQ	01:22.5
		3	1304	L. Queens	Cody	Mailman	M	01:50.0			01:22.5
		3	1305	L. Queens	Dale	Nickerson	M	01:50.0			01:22.5
		4	1276	E. Highlands	Daniel	Haley	M	01:50.0			01:22.5
		4	1277	E. Highlands	Josh	Kingston	M	01:50.0			01:22.5
		4	1280	E. Highlands	Jamie	Murphy	M	01:50.0			01:22.5
		4	1281	E. Highlands	Ethan	Connors	M	01:50.0	01:54.8	DQ	01:22.5
		5	384	Annapolis	Taylor	Little	F	01:50.6			01:23.0
		5	385	Annapolis	Kayla	Caines	F	01:50.6			01:23.0
		5	386	Annapolis	Izzy	Bowes	F	01:50.6			01:23.0
		5	1201	Annapolis	Tim	Prosser	M	01:50.6	01:29.2	3	01:23.0
		6	1253	Dartmouth	Christopher	Costelo	M	01:52.4			01:24.3
		6	1254	Dartmouth	Damon	Toews	M	01:52.4			01:24.3
		6	1255	Dartmouth	Jason	Waring	M	01:52.4			01:24.3
		6	1258	Dartmouth	Scott	Gardiner	M	01:52.4	01:46.1	4	01:24.3

+A613:L658EA	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
64	**4x100m**	**1**	1268	E. Highlands	Christian	Gerro	M	01:18.0	01:03.8	1	00:58.5
	M	**1**	1269	E. Highlands	R.J.	Pitts	M	01:18.0			00:58.5
		1	1270	E. Highlands	John	Gavin	M	01:18.0			00:58.5
		1	1273	E. Highlands	Lauchlin	Delorey	M	01:18.0			00:58.5
		2	388	Annapolis	Isaac	Almon	M	01:18.3			00:58.7
		2	1200	Annapolis	Robin	Bowes	M	01:18.3			00:58.7
		2	1202	Annapolis	Jacob	Kroetch	M	01:18.3			00:58.7
		2	1203	Annapolis	Kendall	Mitchell	M	01:18.3	01:06.2	2	00:58.7
		3	1211	Cape Breton	John	Burke	M	01:18.5			00:58.9
		3	1212	Cape Breton	Kevin	MacCormick	M	01:18.5			00:58.9
		3	1213	Cape Breton	Ronnie	Patterson	M	01:18.5	01:15.8	3	00:58.9
		3	1214	Cape Breton	Nico	Georghiou	M	01:18.5			00:58.9
		4	1229	Cobequid	Danny	Black	M	01:29.2	01:20.8	4	01:06.9
		4	1233	Cobequid	Matthew	Hunter	M	01:29.2			01:06.9
		4	1237	Cobequid	James	Meredith	M	01:29.2			01:06.9
		4	1238	Cobequid	Brandon	Nelson	M	01:29.2			01:06.9
		5	1295	Kings	Phil	Brown	M	01:36.0	01:24.9	5	01:12.0
		5	1296	Kings	Devin	MacLeod	M	01:36.0			01:12.0
		5	1297	Kings	Hugo	Butler	M	01:36.0			01:12.0
		5	1291	Kings	Tracey	Schofield	F	01:36.0			01:12.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
65	**4x100m**	**1**	1230	Cobequid	Brendon	Clayton	M	01:05.2			00:48.9
	M	**1**	1232	Cobequid	Jason	Hicks	M	01:05.2	01:01.1	1	00:48.9
		1	1234	Cobequid	Anthony	James	M	01:05.2			00:48.9
		1	1241	Cobequid	Declan	Urquhart	M	01:05.2			00:48.9
		2	1282	Halifax	Jack	Thornhill	M	01:07.5			00:50.7
		2	1283	Halifax	Steven	Lewis	M	01:07.5	01:27.5	6	00:50.7
		2	1286	Halifax	Ian	Wright	M	01:07.5			00:50.7
		2	1289	Halifax	Aven	Pettipas	M	01:07.5			00:50.7
		3	1298	L. Queens	Nick	Skoreyko	M	01:10.0	01:03.1	3	00:52.5
		3	1299	L. Queens	Colby	Oickle	M	01:10.0			00:52.5
		3	1301	L. Queens	Ben	Theriau	M	01:10.0			00:52.5
		3	1302	L. Queens	Christopher	Potter	M	01:10.0			00:52.5
		4	380	Amherst	Brandon	Ott	M	01:11.0	01:02.7	2	00:53.2
		4	381	Amherst	Jacob	Fisher	M	01:11.0			00:53.2
		4	377	Amherst	Terry	Black	M	01:11.0			00:53.2
		4	379	Amherst	Brad	Coady	M	01:11.0			00:53.2
		5	1325	Sack/Bed.	Jared	Rose	M	01:16.8			00:57.6
		5	1326	Sack/Bed.	Justin	Noyes	M	01:16.8	01:17.0	5	00:57.6
		5	1327	Sack/Bed.	Zachary	LeBlanc	M	01:16.8			00:57.6
		5	1328	Sack/Bed.	Nathan	States	M	01:16.8			00:57.6
		6	1250	Dartmouth	Andrew	MacNaughon	M	01:17.3			00:58.0
		6	1251	Dartmouth	BJ	Gibson-Conrod	M	01:17.3			00:58.0
		6	1256	Dartmouth	Jordi	Taylor	M	01:17.3	01:10.5	4	00:58.0
		6	1257	Dartmouth	Mark	Decker	M	01:17.3			00:58.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
66	**4x400m**	**1**	1259	E. Highlands	Kristina	Richard	F	09:00.0			06:45.0
	F	**1**	1260	E. Highlands	Hannah	Deon	F	09:00.0			06:45.0
		1	1262	E. Highlands	Nicole	Roberts	F	09:00.0			06:45.0
		1	1264	E. Highlands	Roslyn	Samson	F	09:00.0			06:45.0
		2	1321	Sack/Bed.	Bailee	Mason	F	09:55.0			07:26.3
		2	1322	Sack/Bed.	Skylynn	Johnson	F	09:55.0			07:26.3
		2	1323	Sack/Bed.	Hailey	Smith	F	09:55.0			07:26.3
		2	1324	Sack/Bed.	Sam	Waite	F	09:55.0			07:26.3
		3									00:00.0
		3									00:00.0
		3									00:00.0
		3									00:00.0

HEAT	Event	L	#	Region	First Name	Last Name	M/F	Qualify	Time	Pos.	MPR
67	**4x400m**	**1**	1230	Cobequid	Brendon	Clayton	M	05:29.25			04:06.9
	M	**1**	1232	Cobequid	Jason	Hicks	M	05:29.25			04:06.9
		1	1233	Cobequid	Matthew	Hunter	M	05:29.25			04:06.9
		1	1234	Cobequid	Anthony	James	M	05:29.25			04:06.9
		2	1268	E. Highlands	Christian	Gerro	M	06:05.0			04:33.8
		2	1269	E. Highlands	R.J.	Pitts	M	06:05.0			04:33.8
		2	1270	E. Highlands	John	Gavin	M	06:05.0			04:33.8
		2	1273	E. Highlands	Lauchlin	Delorey	M	06:05.0			04:33.8
		3	1325	Sack/Bed.	Jared	Rose	M	06:12.0			04:39.0
		3	1326	Sack/Bed.	Justin	Noyes	M	06:12.0			04:39.0
		3	1327	Sack/Bed.	Zachary	LeBlanc	M	06:12.0			04:39.0
		3	1328	Sack/Bed.	Nathan	States	M	06:12.0			04:39.0
		4	1250	Dartmouth	Andrew	MacNaughon	M	06:28.4			04:51.3
		4	1252	Dartmouth	Brian	Waring	M	06:28.4			04:51.3
		4	1253	Dartmouth	Christopher	Costelo	M	06:28.4			04:51.3
		4	1256	Dartmouth	Jordi	Taylor	M	06:28.4			04:51.3
		5	1271	E. Highlands	Curtis	Richard	M	09:00.0			06:45.0
		5	1272	E. Highlands	Jonathan	Ringer	M	09:00.0			06:45.0
		5	1275	E. Highlands	Matthew	Anderson	M	09:00.0			06:45.0
		5	1278	E. Highlands	Jamie	Ross	M	09:00.0			06:45.0